

September 1, 2017

Dear Parents,

Thank you for allowing your child to join us for the December 8-10, 2017 Confirmation Retreat! We are praying for you and your child, and we are looking forward to the retreat. Plan to arrive at Whispering Winds between 5 and 5:30 PM on Friday, December 8. To make alternate arrangements, (only if *absolutely* necessary, please!) contact our Director of Operations Tim Lidberg at 619-913-8792 at 619-916-9552. The retreat will end on Sunday, December 10 by 11:30 AM.

As a mother of a teenager, I too want my daughter's faith to develop and grow. I ask you to join with me in praying for the young people who will be on the mountain. Subjects may come up which deal with the real issues teens are faced with daily and our goal is to give them faith tools to use while dealing with these difficulties. As with all activities, adults will always be present during these discussions.

Camper check-in will take place in the Welcome Center. To help foster a retreat atmosphere, **all cell phones will be collected at check-in** and returned at departure. Please notify your teen of this policy or better yet, keep cell phones at home. Leaders and camp staff have cell phones in the rare event you need to be contacted regarding your child. In case of an emergency, you may call Director of Operations Tim Lidberg at 619-913-8792.

Attached are documents that include some important information for you and your child. It is important to complete the **Medical History & Release, Waiver and Code of Behavior**. Please print all forms, fill them out and bring them to check-in at camp. Also included is a list of what to bring to camp and directions. We strongly encourage you to check the weekend's forecast before coming out – make sure you pack appropriate clothing for mountain weather!

We have a **zero tolerance** policy for drugs, alcohol, or weapons. We reserve the right to search guests' belongings if we have reason to believe these items are in their possession. We will call parents for immediate pick-up of any child possessing or under the influence of these items. The reason for this policy is to keep all guests safe and protected. Major infractions of the *Code of Behavior* will be met with the same consequences.

You will be notified by the camp if your child wants to speak with you in an extreme case of homesickness, breaks a bone, has extensive bleeding, a head injury, or any other medical need that necessitates seeking outside help or calling 911.

Please note that we will be selling Whispering Winds attire such as sweatshirts, t-shirts and hats. All food will be provided for the weekend, but it is suggested that campers bring a snack to share with the group. Community snacks can be dropped off at the Cedar House upon check-in.

Finally, our first day of the retreat – Friday, December 8 – is a Holy Day of Obligation. With check-in being so late in the day, we will not be able to celebrate the Mass liturgy at camp. With that said, we encourage parents to have their children attend Mass at their home church.

If you or your child have any questions, we would be happy to answer them; please contact our office at office@whisperingwinds.org or 619-464-1479.

God Bless you!

Paula Bott
Director of Programs
paula@whisperingwinds.org





Whispering Winds Confirmation Retreat

What to Bring to Camp:

Three required signed forms

Pillow and sleeping bag

Towel

Flashlight

Refillable water bottle

Chapstick or other lip balm

Clothes

Sleepwear

Jacket

Toiletries

Tennis shoes and/or hiking boots

Rosary

Sunscreen, if desired

Hat or visor, if desired

Sunglasses, if desired

Extra blanket, if desired

Snack/drinks to share with group, if desired

Camera, if desired

Prescription and over-the-counter medication—Must be turned in to the Camp Health Supervisor upon arrival, in the original bottle and not expired. **CAMP WILL NOT ADMINISTER MEDICATION THAT IS NOT IN ITS ORIGINAL BOTTLE.**

Bible, if desired

Money for camp store, if desired. (Money is not required at camp!)

If you drive yourself to camp and you are aged 17 and under, proof of insurance and notification from your parents of your transportation is required.

Please label jacket, flashlight, camera, hat, water bottle, etc.

Prior to
Camp

Fill out your **Medical
History and Release,
Waiver and Code of
Behavior** Forms!

Please DO NOT Bring:

Inappropriate clothing

Valuables

Cell phones

iPods

Laptops

Personal sports equipment—archery, climbing gear, basketballs, soccer balls, etc.

Animals

There will be **zero tolerance** for any drugs, alcohol, cigarettes or weapons. We reserve the right to search guests' belongings if we have reason to believe these items are in their possession. We will call parents for immediate pick-up of any child possessing or under the influence of these items. The reason for this policy is to keep all guests safe and protected.



Diocesan Confirmation Retreat 2017

Code of Behavior

****To be read and signed by youth participants and their parents ****

We are happy and excited that you are joining us as part of our Diocesan Confirmation Retreat 2017. The *Code of Behavior* has been developed as a way of helping participants understand what is expected of them during the weekend, and of making the learning experience a healthy and growth-filled one for all involved. Please read through the *Code* carefully, as you will be expected to honor and uphold it throughout your time with us.

- As necessary as rules are to maintain order, they can't and won't guarantee a successful retreat experience. Success depends on people's willingness to work together for the common good.
- Participants take part in the retreat as part of a parish. The adult chaperone of each parish maintains primary responsibility for the actions of his or her parish members. The parish and families of the participants assume responsibility for any damage done to the facilities.
- Participants attending as individuals are representing their parish and are expected to participate and behave responsibly.
- Participants are expected to attend all sessions unless explicitly excused by the Program Director.
- Name badges must be worn during all program activities.
- Dress throughout the retreat experience is casual; however shirts and shoes must be worn at all sessions and meals. No low-slug pants, short shorts, halter tops or tube tops. Modesty is important.
- Socializing should take place only in the designated public areas of the housing facility. No visiting is allowed in sleeping areas occupied by the opposite sex.
- Each day will be a busy one, making adequate sleep a necessity. Participants must be in their respective rooms by curfew time. The noise level in the sleeping areas should be kept at a minimum. Scheduled quiet and silent times must be honored. Only the Program Director can alter curfew times or the timing of any other scheduled activity.
- There will be **zero tolerance** for any drugs, alcohol, or weapons. We reserve the right to search guests' belongings if we have reason to believe these items are in their possession. We will call parents for immediate pick-up of any child possessing or under the influence of these items. The reason for this policy is to keep all guests safe and protected. Major infractions of the *Code of Behavior* will be met with the same consequences.

Parent or Guardian: I agree that my child shall abide by the rules and regulations outlined in the Confirmation Retreat *Code of Behavior*. I have reviewed it and discussed the *Code* with my child prior to signing this form. I agree that if my child fails to consistently abide by the *Code* or engages in a serious infraction of the *Code*, he or she may be immediately dismissed from the Confirmation Retreat program and sent home at my expense.

Signature _____ Date _____

Youth Participant: I understand and agree to the Confirmation Retreat *Code of Behavior*. I also understand that my parent(s) or guardian will be notified at the time of any infractions requiring my dismissal from the program and that I will be sent home at my own or their expense. (Your signature must appear below in order to participate in the Confirmation Retreat program.)

Signature _____ Date _____



Medical History and Release Form for Minors

Child's Name: _____ Birth date: _____ Sex: ____ Age: ____
First Middle Last

Parent or Guardian: _____ Relationship: _____

Home Phone: () _____ Cell Phone: () _____ Other Phone: () _____
Optional

Second Parent or Guardian: _____ Relationship: _____

Home Phone: () _____ Cell Phone: () _____ Other Phone: () _____
Optional

Emergency Contact Name: _____ Relationship: _____

Home Phone: () _____ Cell Phone: () _____ Other Phone: () _____
Optional

Please be aware of my child's physical condition:

- | | | |
|-----------------------------------|--|--|
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Heart condition | Please Explain _____ _____ _____ |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Eye, Ear, Nose, Throat issues | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Other | |
| <input type="checkbox"/> Epilepsy | | |

Allergies:

- | | | |
|--|--------------------------------------|----------------------------|
| <input type="checkbox"/> Hay Fever | <input type="checkbox"/> Penicillin | Please List _____ _____ |
| <input type="checkbox"/> Poison Oak/Ivy | <input type="checkbox"/> Other Drugs | |
| <input type="checkbox"/> Bees | <input type="checkbox"/> Peanuts | Please List _____ _____ |
| <input type="checkbox"/> Other insects/animals | <input type="checkbox"/> Other Food | |

My Child has the following Medical Concerns / Limitations:

- | | |
|--|---|
| <input type="checkbox"/> Chronic Illness / Injury: _____ | <input type="checkbox"/> Other concerns: _____ |
| <input type="checkbox"/> Activity Restrictions: _____ | <input type="checkbox"/> Current Medications: _____ |
| <input type="checkbox"/> Dietary Restrictions: _____ | _____ |

My child may be given over the counter medications (Tylenol, Advil, Benadryl, etc):

- Please contact me first! Yes No

Other suggestions, documents or health-related information for camp personnel: _____

Additional document(s) attached? _____
Check if yes

Immunization History: Please give date of last immunization or attach a copy of the record.

| | | |
|---|-------------------|---------------------|
| Diphtheria, Tetanus, Pertusis (DPT) _____ | Polio _____ | Flu _____ |
| Haemophilus Influenzae type b (Hib) _____ | Hepatitis A _____ | Meningococcal _____ |
| Measles, Mumps, Rubella (MMR) _____ | Hepatitis B _____ | Varicella _____ |
| Pneumococcal _____ | Chicken Pox _____ | |

Name of Physician: _____ Phone: () _____

Family Health Insurance Carrier: _____ Policy #: _____

Authorization:

This health history is correct to the best of my knowledge. My child has permission to engage in all camp activities except as noted. I give permission to the medical personnel selected by the camp administration to order X-Rays, routine tests, and treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for my child if I cannot be reached in an emergency. I give permission to the health professional selected by the camp administration to secure and administer treatment for my child, including hospitalization. This form may be photocopied and the photocopy may be used for all purposes.

Camp staff is CPR, First Aid and AED certified. I understand that I will be notified if my child breaks a bone, has extensive bleeding, a head injury, or any other medical need that necessitates staff seeking outside help or calling 911. Camper medication must be checked in with the Camp Director, in the original bottle upon arrival. CAMP WILL NOT ACCEPT MEDICATION THAT IS NOT IN ITS ORIGINAL BOTTLE.

I accept full responsibility for any injury my child might receive as a result of camp activities. I will provide my own health and accident insurance. I agree to pick up my child at anytime from camp if asked to by camp administration.

Signature of Parent/Guardian: _____ Date: _____

I also understand and agree to abide by the restrictions placed on my camp activities.

Signature of Minor: _____ Date: _____



WHISPERING WINDS WAIVER & GENERAL RELEASE

Whispering Winds Catholic Conference Center, Inc. ("WW") is a non-profit corporation that owns and operates the Whispering Winds Camp, 17606 Harrison Park Road, Julian, California 92036. In order to keep our operating costs reasonable, we ask all visitors, guests, volunteers and users of the camp, and the parents of all minor camp users, to sign this Waiver & General Release ("Agreement"). By signing this Agreement, you are waiving and generally releasing all present and future claims against WW, except for claims arising out of the gross negligence or intentional misconduct of WW.

1. Definitions:

- a. "Associated Persons" means present and former officers, directors, shareholders, partners, members, employees, agents, volunteers, accountants, attorneys, insurance carriers, trustees, beneficiaries, executors, administrators, heirs, predecessors-in-interest, and successors-in-interest. "Associated Entities" means affiliated entities, contractors, subcontractors, material suppliers, and professionals (collectively "AP&AE").
- b. "Claims" shall include all claims, rights, demands, damages, liabilities, and causes of action (whether asserted, unasserted, known, unknown, contingent, accrued, or otherwise).
- c. "Costs" shall include all costs, losses, expenses, attorneys' fees, expert witness fees and other fees, interest, and all other obligations.

2. Waiver and General Release:

On behalf of myself and my AP&AE, (i) I waive all present and future Claims and Costs against WW and its AP&AE, and (ii) I generally release WW and its AP&AE from all present and future Claims and Costs, arising out of or related in any way to my presence on or use of the WW camp, or participation in programs, excepting only such Claims and Costs arising solely and exclusively from WW's gross negligence, or knowing and intentional unlawful conduct.

3. Waiver of Civil Code Section 1542:

I acknowledge that the above Waiver and General Release includes Claims and Costs which I do not know or suspect to exist, and I waive all rights which may exist under California Civil Code Section 1542 which provides as follows:
A general release does not extend to claims which the creditor does not know or suspect to exist in his or her favor at the time of executing the release, which if known by him or her must have materially affected his or her settlement with the debtor.

4. Photo Release:

I grant WW permission to use my name, likeness, photograph, and voice for all purposes, and without compensation to me.

Participant

Participant Signature: _____ Print Name: _____

Address: _____ Date: _____ Tel: _____

Email address of adult: _____

Signature of Parent or Legal Guardian (if Participant is under 18): _____

Print Parent Name: _____ Date: _____ Tel: _____

(One release per adult; for minors in one family, please list)

Minor Name: _____ Minor Name: _____

Minor Name: _____ Minor Name: _____

Authorization:

My child has my permission to engage in all camp activities except as noted. I give permission to the medical personnel selected by WW to order X-rays, routine tests, and treatment; to release records necessary for insurance purposes; and to arrange necessary transportation for my child if I cannot be reached in an emergency. I give permission to the physician selected by WW to administer treatment, including hospitalization. This form may be photocopied and the photocopy may be used for all purposes. I accept full responsibility for any injury my child might receive as a result of camp activities. I will provide my own health and accident insurance.

Directions

Whispering Winds

17606 Harrison Park Rd
Julian, CA 92036

From San Diego:

I-8 East
Exit Hwy 79 North to Julian
Make a left turn approx. two miles along the highway to stay on 79N
Turn left on Harrison Park Rd (about 4 miles north of Lake Cuyamaca) and follow signs into Whispering Winds

From North County:

Hwy 78 East (Ash St.) or Hwy 67 North to Hwy 78 East through Ramona to Julian
Turn right on Main St
Turn right on Hwy 79 South
Turn right on Harrison Park Rd (about 4 miles south of Julian) and follow signs into Whispering Winds

From West Los Angeles County:

I-5 South to 78 East
Turn right on Ash St. / Rte 78
Continue on Hwy 78 East through Ramona to Julian
Turn right on Main St
Turn right on Hwy 79 South
Turn right on Harrison Park Rd (about 4 miles south of Julian) and follow signs into Whispering Winds

From East Los Angeles County, Riverside:

I-15 or I-215 South to Temecula
Exit Hwy 79 South and turn left
After approx. 60 miles to Santa Ysabel, turn left onto 78 East to Julian
Turn right on Main St
Turn right on Hwy 79 South
Turn right on Harrison Park Rd (about 4 miles south of Julian) and follow signs into Whispering Winds

From Imperial Valley:

I-8 West to Sunrise Highway
Turn right on Hwy 79 North
Turn left on Harrison Park Rd and follow signs into Whispering Winds