



add the
whispering winds
challenge course
 to your experience!



HIGH ELEMENTS

These are designed for a personal self-growth. Great for groups that want 'free-time' to allow participants to be active and challenge their members. All activities must be led by trained facilitators.

zip lines

We offer four 450-foot Zip Lines. Participants are harnessed in at the top and 'Zip' down the line at a thrilling speed!



climbing wall

We offer a 3-sided climbing tower with a variety of options. One side is designed with a gradual incline to cater to the younger and newer crowd. This is a great way to try climbing. We have two additional vertical walls, one with an over-hang option for our really ambitious climbers. For safety, participants must be harnessed in at all times.



LOW ELEMENTS

Low Elements are designed for group and personal growth. All activities must be led by trained facilitators.



- all aboard
- trust falls
- team wall
- spider web
- whale watch
- log jam
- criss-cross
- tension traverse
- nitro crossing
- plus more!



These are just a few of the many elements we have at Whispering Winds. We are always adding more and more exciting activities!

PORTABLES

We have countless activities that are portable. These are similar in programming function to those of the Low Elements, designed to assist team functions and growth. We can move these to other locations, such as the meadow or indoors during cooler/rainy months.

YOUR GROUP CAN BENEFIT

A challenge course provides a unique environment which propels groups toward innovative solutions in conquering both physical and mental encounters. Challenge/Ropes courses are a revolutionary tool for developing and enhancing group dynamics. Each group will receive a specially tailored program, based in their group's individual needs.

During the guided sessions, groups to build on communication skills, group trust and problem solving abilities, while improving mutual support and cohesion. Individual participants will increase their personal confidence, develop a greater level of agility and physical coordination, discover joy in one's physical self and in being with others, increase appreciation of the natural world, and have a blast!

add the Challenge Course to your Whispering Winds reservation

For information on how your group can reserve the Challenge Course, contact the Whispering Winds office at (619) 464-1479.

PRICING: Half day - \$20/person (3 hour session) · Full day - \$40/person (6 hour session) · Includes all certified facilitators



Whispering Winds Catholic Camp & Conference Center · Julian, CA · www.whisperingwinds.org