

# Whispering Winds Confirmation Retreat

## What to Bring to Camp:

### **Waiver & Medical Release!**

Pillow and sleeping bag  
Towel  
Refillable water bottle  
Chapstick or other lip balm  
Clothes  
Sleepwear  
Jacket  
Toiletries  
Tennis shoes and/or hiking boots  
Sunscreen, if desired  
Hat or visor, if desired  
Sunglasses, if desired  
Extra blanket, if desired  
Flashlight  
Camera, if desired  
Any prescription medication  
Bible, if desired  
Journal, if desired  
Money for the Camp Store, if desired. Money is not required at camp!  
An open heart!

Prior to  
Camp

Fill out your **Waiver** and  
**Medical Release Form!**

## Please DO NOT Bring:

Inappropriate clothing  
Valuables  
Cell phones  
iPods  
Laptops

There will be **zero tolerance** for any drugs, alcohol, or weapons. We will call parents for immediate pick-up of any child possessing these items.

Please keep in mind that Whispering Winds is a non-smoking facility.

